Final Eligibility Committee List (for moves during July 2019)



| First Name | Last Name | Age Group | Origin Club | Destination Club | Region | Date Of Move |
|------------|-------------|--------------|-----------------------------|---------------------------|-------------|--------------|
| Mark | Duddridge | Senior | Islwyn RC | Lliswerry Runners | East Wales | 20/07/2019 |
| Matthew | Jones | Senior | Welsh Anglo Athletes | Brecon AC | East Wales | 06/07/2019 |
| Alan | Jordan | Senior | Parc Bryn Bach Running Club | Fairwater Runners Cwmbran | East Wales | 16/07/2019 |
| Claire | Lacey-Coles | Senior | Caerphilly Runners | Hengoed Harriers | East Wales | 05/07/2019 |
| Melonie | Senior | Senior | Islwyn RC | Hengoed Harriers | East Wales | 12/07/2019 |
| Cerys | Webber | U15 | Lliswerry Runners | Newport Harriers | East Wales | 05/07/2019 |
| Chris | Williams | Senior | Cardiff Athletics | Newport Harriers | East Wales | 01/08/2019 |
| Jody | Cain | U20 | Menai Track and Field | Eryri Harriers | North Wales | 24/07/2019 |
| Emma | Crowe | Senior | Wrexham AC | Deeside AAC | North Wales | 18/07/2019 |
| Ellie May | Bradbury | U11 | Barry & Vale Harriers | Cardiff Athletics | South Wales | 20/07/2019 |
| Rhiannon | Buckley | Senior | Ogmore Phoenix Runners | Cornelly Striders AC | South Wales | 24/07/2019 |
| Angela | Champion | Senior | Les Croupiers | San Domenico RRC | South Wales | 24/07/2019 |
| Christina | Lyons | Senior | Barry & Vale Harriers | Cardiff Athletics | South Wales | 03/07/2019 |
| Barry | Morgan | Senior | Brackla Harriers | Bridgend AC | South Wales | 16/07/2019 |
| Paul | Morton | Senior | Penarth & Dinas Runners | Les Croupiers | South Wales | 01/08/2019 |
| Lucy | Palmer | U15 | Bridgend AC | Cardiff Athletics | South Wales | 11/07/2019 |
| Emily | Penny | U17 | Bridgend AC | Cardiff Athletics | South Wales | 05/07/2019 |
| Louisa | Penny | U15 | Bridgend AC | Cardiff Athletics | South Wales | 03/07/2019 |
| Rhys | Pippard | Senior | Les Croupiers | San Domenico RRC | South Wales | 24/07/2019 |
| David | Williams | Senior | Les Croupiers | Pontypridd Roadents AC | South Wales | 17/07/2019 |
| Jennifer | Aylward | Senior | RUN4ALL Running Club | Celtic Tri | West Wales | 24/07/2019 |
| Isobel | Dawson | Senior | Trots | 3M Gorseinon Road Runners | West Wales | 18/07/2019 |
| Windsor | Evans | Senior | RUN4ALL Running Club | Clwb Rhedeg Pontardawe RC | West Wales | 29/07/2019 |
| Karl | Johns | Senior | San Domenico RRC | 3M Gorseinon Road Runners | West Wales | 31/07/2019 |
| Martyn | Simpson | Senior | RUN4ALL Running Club | 3M Gorseinon Road Runners | West Wales | 30/07/2019 |
| Catherine | Vaughan | Senior | RUN4ALL Running Club | Amman Valley Harriers | West Wales | 18/07/2019 |